



## The world on your doorstep...

This badge is suitable for Rainbows, Brownies, Guides, Rangers, Inspire, Leaders and Trefoil. To gain the badge, everyone needs to complete a minimum of one ability appropriate activity from each of the 6 sections relating to WAGGGS and its 5 regions.

All activities are suitable for virtual or home guiding and socially distanced face-to-face guiding. Members are welcome to access this badge individually or as part of a unit. All clauses are flexible, please make it work for you and your unit. The challenge pack will be regularly updated as how we guide changes.

We have highlighted any programme links for each section at the end of the resource plus any helpful additional information and links, using activity letters to reference them. However, this does not limit the activity to one section.

We have a “Progress Tracker” world map that your unit or members can colour in.

### Context

WAGGGS is the World Association of Girl Guides and Girl Scouts and was formed in 1928 at the 5th International Conference in Hungary. There are now well over 10million members and 150 member countries worldwide. It is split into 5 regions, Western Hemisphere, Africa, Arab, Europe, and Asia Pacific. There are 5 world centres, which are like our Training and Activity Centres in the UK but are a home away from home for all Girl Guides and Girl Scouts. The World Centres are:

- Our Chalet - Switzerland
- Pax Lodge - London
- Sangam - India
- Our Cabana - Mexico
- Kusafiri - Africa (This is the only World Centre which moves location. Travel is expensive in Africa so they move the world centre to allow more people to access it)

Within Girlguiding, Brownies and above can go abroad with their unit, county, region or national. Guides aged 11-13 are welcome to apply for ICE (International Community Experience) trips with their region, without their leaders and INTOPs (International Opportunities) weekends are a chance for Guides aged 13+, Rangers and adults in guiding to apply to go on a trip abroad. Keep an eye on newsletters for a chance to apply.

### Things you could do to explore international further

- Complete a WAGGGS badge, for example World Thinking Day, Free Being Me or Surf Smart. They can all be found on the WAGGGS website <https://www.waggs.org/en/>
- Apply for a place on an ICE (International Community Experience) trip via the Girlguiding Anglia Region (or your own region) website when available. They tend to be advertised in the autumn term but this varies year to year. (Age 11-13)
- Ask your leader to let you know when county INTOPs happens, it is advertised in the county newsletter which goes to all leaders and apply for the chance to head off around the world (Age 13+, including all adult volunteers, not just leaders with their leadership qualification)
- <https://www.girlguiding-anglia.org.uk/international-opportunities>



- a) Have a look at the structure of Girlguiding and where WAGGGS sits then portray it in a fun and interesting way.
- b) Learn what the World Trefoil parts represent and recreate it in some form.
- c) Look at the history of Guiding around the world and find out about the 5 World Centres and where they are located. You could:
  - o Have a virtual visitor from another country or someone who has been on an Girlguiding international trip.
  - o Talk to your local archivist. (You can contact Cambs East's Archivist by emailing the county office).
  - o Have a virtual tour of a world centre, or send an email, postcard or letter to one of them you'd like to visit telling them what you've learnt.
- d) Take part in a World Thinking Day celebration.
- e) Learn about inspirational Girl Guides and Girl Scouts including, but not limited to, the first Girl Guide, Agnes Baden-Powell, creator of guiding and all-round unusual woman of her time or the first and only World Chief Guide Olave Baden-Powell. See link to suggestions at the back of the pack.
- f) Have a look at fashion trends and traditional clothing from different countries and design your own.
- g) Explore tastes and food from around the world.
- h) Learn a traditional campfire song from every region in WAGGGS.

## Western Hemisphere Region



- a) Learn about the Amazon Rainforest and recreate the sounds of the rainforest or create some of the creatures you might find there using materials of your choice.
- b) Have a go at an American sport, examples include cheerleading, line dancing or surfing (on dry land).
- c) Celebrate a festival from the Western Hemisphere, examples include Floating Lanterns Festival (Hawaii), Day of the Dead (Mexico), Thanksgiving (USA and Canada), Independence Day (celebrated in several countries in the Western Hemisphere), Carnival (Rio de Janeiro).
- d) S'mores, made from biscuit, chocolate and melted marshmallow are a traditional campfire treat for the Girl Scouts of America. Have a go at making some. Or you could make some popcorn, which is also a traditional American snack.

- e) Make a traditional western Hemisphere craft such as Mexican God's eyes, Mexican tin folk art, Argentinian clay pots or Chilean basket weaving.
- f) NASA, the National Aeronautics and Space Administration, is responsible for the Space program in the USA. They have sent people to the moon, the International Space Station and sent satellites into space. Build rockets and launch them, find out about the food astronauts eat or how they perform tasks in space.
- g) Lots of tasty food comes from the Western Hemisphere, fajitas are a Texan-Mexican food, Argentina has empanadas and Canada makes delicious pancakes with their famous maple syrup. Try making a dish of your choice.

## Africa Region



- a) Learn about species native to different countries in Africa and their conservation efforts or create a safari. You could have a virtual visit to Shepreth Wildlife Park or Linton Zoo or have a visitor with some African animals.
- b) Every country in Africa has a tradition of dancing, learn some moves and put them together into a dance display.
- c) Have a go at some African games such as Fire on the Mountain (Tanzania), Bao/Mancala/many other names (Most of East Africa including Kenya and Comoros) or Kudoda (Zimbabwe).
- d) Wood carving, weaving and bead making are traditional crafts in many African countries. Have a go and create something.
- e) Africa has the largest variety of drums compared to any other continent but also many other traditional instruments. Try tapping out some rhythms.
- f) The Lake of Stars festival in Malawi is one of the largest, most respected festivals in the world, it has curated music, talks, poetry, theatre, film and wellness activities from Malawi and across the globe. Hold your own festival, have a talent show, mediation and pamper activities, slam poetry or anything else you want to present.
- g) Chapatis are an unleavened flat bread eaten in East African countries such as Burundi, Uganda and Mozambique, try making some or explore some other traditional African foods.

## Arab Region



- a) Build your own kite and learn about kite fighting in Iran and Iraq.
- b) Have a go at macramé; you could make bracelets, potholders or something else of your choice.
- c) In Ancient Egypt, hieroglyphics were used to communicate. Have a go at drawing some of the symbols and sending each other secret messages.
- d) Today Arabic is the official language in 23 countries and is one of the official languages of WAGGGS (French, Spanish and English being the others), learn some words and phrases and have a go at writing your name in Arabic.
- e) Mosaics were common in Islamic architecture including Mosques, have a look at some examples then try making your own in any medium.
- f) The Dead Sea is located between Israel and Jordan and is one of the world's saltiest bodies of water and because of this, it's super easy to float in. It was one of the world's first health resorts. Have a pamper evening and make a Jordanian salt scrub or perform a science experiment to see what floats and what sinks.
- g) Many Arab countries such as Libya and Tunisia cook tagines, which are a type of stew, there are lots of different recipes for both meat and vegetarian tagines, try one.

## Europe Region



- a) Learn about cave drawings in different countries and attempt some yourself. Royston Caves have some fantastic examples you can see on their website.
- b) Have a go at some sports or children's games started in Europe; for example curling (Scotland), golf (Scotland), boules (France), statues (Greece).
- c) Lots of different languages are used in Europe, try learning some words in a few of them. Remember not all languages are spoken, you could also have a look at British

Sign Language (BSL) or Makaton. Most European countries have their own sign language too.

- d) Make a paper craft, for example, Polish or Swiss paper cutting, quilling, rolled paper jewellery or bowls.
- e) Switzerland is famous for both cheese and chocolate fondue, make something to melt your cheese or chocolate in and have a taste.
- f) The very first roller coasters were from Russia, in fact, "Russian mountains" remains the term for roller coasters in many languages, such as Spanish (la montaña rusa), Italian (montagne russe), and French (les montagnes russes). Build your own roller coaster. You could make a marble run or make a small wheeled-cart and track.
- g) Lots of countries in Europe, for example Iceland and Ireland, have a long history of folk creatures, fairy tales and myths and legends. Think about Finn McCool and the Giant's Causeway, Nessie the Loch Ness Monster or the Huldufólk who are elves in Iceland. You could have a story telling night or make some fairy decorations or houses.

## Asia Pacific Region



- a) India has some beautiful crafts, you could try making rag rugs, do some henna or make rangoli patterns.
- b) Have a go at a martial art, find out what country it is from and its history.
- c) The Cherry Blossom festival in Japan is known as Sakura. People enjoy picnics and creative pursuits together. Make some cherry blossom art, you could use origami, finger painting or any other format, try your hand at writing some poetry or have a lovely family picnic under a tree.
- d) The oldest known fabric printing was in China before 220 AD, have a go at printing your own fabric/paper and making something from it, for example, a small bag or wrapping paper.
- e) Celebrate a festival from the Asia Pacific Region for example Chinese New Year (China), Yi Peng Lantern Festival (Thailand), Holi Festival of colour (India), Diwali (India).
- f) Deforestation of rainforests in Indonesia and Malaysia for palm oil is causing devastation to animal and floral habitats. Learn about the problems and how you can help.
- g) Australia is famous for barbecuing, in fact, that's how they normally cook their Christmas dinner! Have a go at making some BBQ foods, try cooking outdoors if you can or use your grill instead.

## The world on your doorstep Challenge Order Form:



Thank you for taking part in our challenge, we hope you enjoyed it! Please send your completed order form to:

Girlguiding Cambridgeshire East, The World on your doorstep challenge,  
3 Quay Court, Colliers Lane, Stow-cum-Quy, Cambridge CB25 9AU

Or

[office@camkseastguides.org.uk](mailto:office@camkseastguides.org.uk)

Name:	
Unit name (if applicable):	
Phone number/ email:	
Delivery Address:	
Number of badges (£1 each):	
Cost of postage: Up to 25 badges: £1.50 26-50 badges: £2.00 51-75 badges: £2.50	
Total cost:	
Signed:	
Date:	

Please make cheques payable to 'Cambs East Guides or pay via BACS transfer to Acc. No 00149798, sort code 309156

Reference	Helpful Links	Rainbows	Brownies	Guides	Rangers
<b>WAGGGS</b>					
a	<a href="https://www.girlguiding.org.uk/about-us/our-organisation/structure-of-guiding/">https://www.girlguiding.org.uk/about-us/our-organisation/structure-of-guiding/</a>	Guiding and Me	Guiding in a Bubble	House of guiding	Trefoil Tree
b	<a href="https://www.wagggs.org/en/about-us/who-we-are/symbols-movement/">https://www.wagggs.org/en/about-us/who-we-are/symbols-movement/</a>	Trefoil Creations	Trefoil Trivia		
c	<a href="https://www.wagggs.org/en/our-world/world-centres/">https://www.wagggs.org/en/our-world/world-centres/</a> <a href="https://lesliesguidinghistory.webs.com/">https://lesliesguidinghistory.webs.com/</a>	World Centre Postcards, Time Traveling Rainbows	UMA Century Time Travel	World Centre Welcome, Wartime Guides, links to the Commonwealth Badge for Guides and Rangers aged 13+)	Guiding blockbusters, links to the Commonwealth Badge for Guides and Rangers aged 13+)
d	<a href="https://www.wagggs.org/en/what-we-do/world-thinking-day/">https://www.wagggs.org/en/what-we-do/world-thinking-day/</a>				
e	<a href="https://www.countryliving.com/life/g2528/famous-girl-scouts/">https://www.countryliving.com/life/g2528/famous-girl-scouts/</a> <a href="https://guidezone.e-guiding.com/bw_famouswomen.htm">https://guidezone.e-guiding.com/bw_famouswomen.htm</a>	Turn them blue			
f			Trash Fashion		Retro Fashion
g		Fruit shop, SB Live Smart Stage 1 Fruit Medley	Seasons' eating, Local munch	Twist that dish	Tea Tasting
h	<a href="https://www.horntip.com/html/books_&amp;_MSS/2000s/2008-01-25_www-bc-girlguides-org--resources--international--media--InternationalCampfire_(PDF)/2008-01-25_www-bc-girlguides-org--resources--international--media--InternationalCampfire.pdf">https://www.horntip.com/html/books_&amp;_MSS/2000s/2008-01-25_www-bc-girlguides-org--resources--international--media--InternationalCampfire_(PDF)/2008-01-25_www-bc-girlguides-org--resources--international--media--InternationalCampfire.pdf</a>				
<b>Western Hemisphere Region</b>					
a		It's sounding stormy			
b		Cheer Challenge	Hootenanny	Surf's Up	
c					
d		SB Camp Stage 1 Kitchen Less Cooking	Strike a light	Two match challenge, Warm in the wild	Can cooker
e	<a href="https://tinkerlab.com/how-to-make-a-gods-eye-craft/">https://tinkerlab.com/how-to-make-a-gods-eye-craft/</a> <a href="https://mypoppet.com.au/makes/recycled-craft-mexican-tin-heart-folk-art/">https://mypoppet.com.au/makes/recycled-craft-mexican-tin-heart-folk-art/</a> <a href="https://thecraftyclassroom.com/crafts/native-american-">https://thecraftyclassroom.com/crafts/native-american-</a>				

	<a href="#">crafts-for-kids/tlingit-crafts-for-kids/basket-weaving-for-kids/</a>				
f		Astronaut Academy, Blast Off	Skills in space, Fizzy flying	Interstellar Engineers, Intergalactic snacks	
g		Pizza Party, SB Live Smart Stage 2 Fajita Fun	SB Live Smart Stage 2 Fajita Fun		
<b>Africa Region</b>					
a		Link to Rainbow Helper Interest Badge	All creatures great and small	Go Wild	
b	<a href="#">Dancing Video</a>	Tippety Tap, Curtain Call		Prop-er dancers	Beat it
c	<a href="https://bookaid.org/wp-content/uploads/2016/04/161511-African-games-Final.pdf">https://bookaid.org/wp-content/uploads/2016/04/161511-African-games-Final.pdf</a> <a href="https://africa.com/best-african-games">https://africa.com/best-african-games</a>				
d				Links to Guide Whittling Interest Badge	
e	<a href="https://www.youtube.com/watch?v=lhN73-UwSuk">https://www.youtube.com/watch?v=lhN73-UwSuk</a>	Tippety Tap			
f	<a href="https://lakeofstars.org/">https://lakeofstars.org/</a>	Curtain Call, All my friends, Sports of the past, Rainbow Interest Badge Healthy Mind and Storyteller	Interest Badge Mindfulness, Festival Fun, Tent Theatre	Storytelling silhouettes, Interest Badge Meditation	Interest Badge Self Care, Slam Poetry
g	<a href="https://www.africanbites.com/east-african-chapati/">https://www.africanbites.com/east-african-chapati/</a>				
<b>Arab Region</b>					
a	<a href="https://www.instructables.com/Easy-Paper-Kite-for-Kids/">https://www.instructables.com/Easy-Paper-Kite-for-Kids/</a>		Kite fighter		
b	<a href="http://www.free-macrame-patterns.com/macrame-for-kids.html">http://www.free-macrame-patterns.com/macrame-for-kids.html</a> <a href="https://morningchores.com/macrame-projects/">https://morningchores.com/macrame-projects/</a>			Macrame master	
c	<a href="#">Hieroglyphics</a>	Secret Club			Hiero-biscuits
d	<a href="http://arabicquick.com/essential-arabic-basics/">http://arabicquick.com/essential-arabic-basics/</a>				
e					A sticky situation
f	<a href="https://joybileefarm.com/salt-scrub-recipe/">https://joybileefarm.com/salt-scrub-recipe/</a> <a href="https://learning-center.homesciencetools.com/article/sink-and-float-science-projects/">https://learning-center.homesciencetools.com/article/sink-and-float-science-projects/</a>				

g	<a href="https://www.themediterraneanandish.com/moroccan-vegetable-tagine-recipe/">https://www.themediterraneanandish.com/moroccan-vegetable-tagine-recipe/</a> <a href="https://www.bbcgoodfood.com/recipes/easy-chicken-tagine">https://www.bbcgoodfood.com/recipes/easy-chicken-tagine</a>				
<b>Europe Region</b>					
a	<a href="https://www.roystoncave.co.uk/">https://www.roystoncave.co.uk/</a>	Paint the Past, Drawing Interest Badge			
b		Game of Stones, Agility Interest Badge	It's a hole in one		
c	<a href="https://en.wikipedia.org/wiki/List_of_sign_languages">https://en.wikipedia.org/wiki/List_of_sign_languages</a>	SB Communication Stage 1 Sing along, sign along	Thank you, merci, takk! Languages Interest Badge SB Communication Stage 3 Sign it, Spell it	SB Communication Stage 3 Sign it, Spell it, SB Communication Stage 4 Being deaf- friendly	
d	<a href="https://culture.pl/en/article/folk-art-at-home-a-diy-guide-to-polish-paper-cut-outs">https://culture.pl/en/article/folk-art-at-home-a-diy-guide-to-polish-paper-cut-outs</a>	Lantern Lights, Trick and Turn		Guide UMA Bowled over	
e		SB Camp Stage 1 Kitchen Less Cooking	Strike a light	Two match challenge, Warm in the wild	Can cooker
f					Build the thrill
g	<a href="https://mypathintheworld.com/myths-and-legends-from-europe/">https://mypathintheworld.com/myths-and-legends-from-europe/</a>	The story of us, Story Trail, Story telling sticks		Storytelling silhouettes	
<b>Asia Pacific Region</b>					
a	<a href="https://www.3dgeography.co.uk/india-craft-ideas-for-kids">https://www.3dgeography.co.uk/india-craft-ideas-for-kids</a>	Plait a mat			
b		Karate Tennis	Triple Boxer	Mastering the moves	Karate Block
c	<a href="http://www.housingaforest.com/10-cherry-blossom-tree-crafts/">http://www.housingaforest.com/10-cherry-blossom-tree-crafts/</a>				Ranger UMA Legend of 1,000 cranes
d					Printing Pro
e		Lantern Lights			
f				Global Goalie	Palm oil protest
g					

# Progress Tracker

